Welcome to the Macleay Valley Youth Matters update. Please find below information on the Youth Advisory Council and other news of interest for kids and young people.

Vivace!

In celebration of Youth Week Kempsey Silver Strings has formed a 20 piece orchestra featuring many of our local young musicians, and are presenting an entertaining evening of live movie music at the Bandbox. "Vivace" orchestra will be performing music taken from film, with accompanying projected images, singing, dance and drama provided by local schools Crescent Head Primary, Kempsey High, Melville High and the Maureen Garvey Dance School. Opening night is Saturday the 5 April, 7pm and includes finger food. Dress up in Hollywood glam or as a movie character for this red-carpet event!

Buy your tickets from Wonderland Framing for $30.

There is a Sunday matinee the next day, 6 April, at 1pm. Tickets will also be available at the door. Single matinee $20, family $50, children under 12yrs $10.

Left to right: Monica Lee (oboe, St Columba Anglican School, Port Macquarie), Corazon Garcia-Kytola (cello, Melville High), Abbey French (1st violin, St Columba Anglican School), Helena Thomas (2nd violin, St Joseph's College, Port Macquarie), Rhianna Edwards (Clarinet, St Paul's College, Kempsey), Back row, Ethan Hodges (clarinet, St Paul's College, Kempsey), Malcom Capararo (trumpet, St Paul's College, Kempsey), Liam Guest (trumpet, Melville High), Finnian Murphy (trombone, keyboard, Melville High) Absent: Jemma Edwards (flute, St Paul's College, Kempsey), Sequoia O'brien (2nd violin, St Columba Anglican School, Port Macquarie), Claire Robinson (double bass, St Paul's College, Kempsey).
FREE games, activities and transport this Saturday!

The Macleay Valley Youth Advisory Council invites young people and their families to come along to Vocalise – a Youth Week Event at Kempsey Riverside Park this Saturday, 5 April.

From 9.00am there are games and prizes for fun novelty events such as shoe throwing and the tug-a-war challenge. There is the chance to ride a mechanical bull, climb the velcro wall, or hop into a sumo suit or simply chill out and enjoy the day. Live entertainment by local muses such as Liam Moylan, Josh Needs, Klepta Klezm and Sages Muses, along with dance performances will keep the vibe going all day with plenty of food to keep you going.

At midday the Mayor will officially open the event and announce the Young Achiever and Community Spirit Awards recipients. And there will be 500 free event bags will also be available with prizes awarded to the game winners until they run out.

Free bus transport is available however if under 18 youth must be accompanied by an adult.

- Loftus Road at 7.30am
- South Kempsey Family and Community Centre at 7.40am.
- Crescent Head Bus Stop War Memorial at 7.45am.
- Burnt Bridge Road at 8am.
- Point Cafe at Stuarts Point at 8.15am.
- Thunghutti Local Aboriginal Land Council at 8.25am.
- Frederickton General Store at 8.40am
- South West Rocks Bus Stop (opposite Sea Breeze Hotel) at 9am.
- Greenhill Primary School at 9am.
- Greenhill corner of Richard Archibald and River Street at 9.15am.
- Gladstone General Store at 9.15am
- Smithtown General Store at 9.25am
- North Street corner of Gordon Nixon and Cochrane Streets at 9.40am.

Buses will commence the return journey from between 4pm to 5.30pm. For more information visit the event website at www.kempsey.nsw.gov.au/ythevents.html or log onto Facebook Macleay Valley Youth- YAC for more information.

Youth Voice Awards

The Adobe Youth Awards recognises media with original, high quality youth produced content that creatively express the vision for driving positive change in local communities. Submissions are required no later than 18 April. Award winners will be announced 18 June.

To apply visit www.youthvoices.adobe.com/awards/submissions

Educators who would like to participate are encouraged to register at www.youthvoices.adobe.com/community
# OFFICIAL PROGRAM OF EVENTS

## All Day Action
- Chill Zone
- Information Stall
- Exercise
- Food and Activities

## Chill Zone
- Meditation
- Youth Week Information
- Boxercise
- Salvation Army

## Entertainment Area
- ‘Stand Out’ Memories
- Photo Booth

## Macleay Valley Arts Council Stage
- 10.00am – 10.45am: McKinley Payne
- 11.00am – 11.45am: Klepta Klezm
- 12.00pm – 12.20pm: Youth Week Launch and Awards – Mayor Clr Liz Campbell
- 12.30pm – 1.00pm: Lucy Barber

## Youth Week Main Stage
- 10.00am – 11.00am: Glove Fit Exercise Session
- 11.00am – 12.00pm: Maha Shakti Yoga Class
- 12.30pm – 1.00pm: Danae School of Dance
- 1.00pm – 1.30pm: Sages Muse
- 1.30pm – 1.45pm: YMCA Youth Parliament
- 1.45pm – 2.00pm: Flash Mob with Maureen Garvey School of Dance
- 2.00pm – 2.20pm: Lifeline Speaker – CEO
- 2.20pm – 2.30pm: Beyond Blue Speaker – Melanie Lee
- 2.30pm – 3.00pm: Lucy Barber
- 3.00pm – 4.00pm: Liam Moylan
- 4.00pm – 5.15pm: Josh Needs
- 5.30pm: Youth Week Performers Jam Session

## Youth Week Stall Area
- 9.00am – 1.00PM
  - ACON
  - TAFE NSW
  - Galambik Aboriginal Medical Service
  - Sandwizard
  - CDAT – Activities
- 2.00pm – 6.00pm
  - Egg and Spoon Race
  - Sack Race
  - Velcro Wall, Sumo Suits and Mechanical Bull
  - Balloon Race
  - Wheelbarrow Race
  - Shoe Throwing
  - Tug-a-war Challenge
  - Yowie Soccer Game

## Youth Games Zone
- 9.00am – 10.00am
  - Egg and Spoon Race
  - Sack Race
  - Velcro Wall, Sumo Suits and Mechanical Bull
  - Balloon Race
  - Wheelbarrow Race
  - Shoe Throwing
  - Tug-a-war Challenge
  - Yowie Soccer Game
**International Children’s Games**

Young athletes are invited to participate in a prestigious global athletic event—the 48th International Children’s Summer Games from 6–11 December 2014 in Lake Macquarie.

School teams will need to express their interest by emailing icg@lakemac.nsw.gov.au or visiting [www.icg-lakemacquarie2014.com](http://www.icg-lakemacquarie2014.com)

**National Indigenous Youth Parliament**

Applications are sought from Indigenous Australians aged 16 to 25 years to participate in a week-long leadership program to be held in Canberra from 28 May to 3 June 2014.

Students will learn about how government works, how laws are made, public speaking, and debate bills and issues of importance to their communities.


**YMCA NSW Parliament Primary**

Year six students aged 12 years from Kempsey Shire Primary Schools will have the opportunity to participate in the YMCA NSW Parliament Primary School Program for a three day residential camp, at Sydney Olympic Park Lodge from 22 to 24 April 2014.

Participants will get to know their school community, identify local issues and propose solutions to be debated in NSW Parliament House.

Kempsey Shire Council will support two students to take part in this exciting opportunity. All they need to do is complete a questionnaire about what they feel passionate about (e.g. state wide initiative for tackling bullying in schools, compulsory recycling processes for primary schools) and record a two minute speech video of their school community idea.

Please note that successful applicants will present their idea, speaking at the Youth Advisory Council’s Youth Week Event – Vocalise at Riverside Park at 1.30pm on Saturday 5 April. The selected participants will be chosen by the Youth Advisory Council.

Participants will also require a teacher or guardian to assist them with travel to Sydney Olympic Park, and sign them into and out of the camp.

For further information contact Vicki Martin, Community Development Officer at Kempsey Shire Council on (02) 6566 3200 or email Vicki.Martin@kempsey.nsw.gov.au
**Library News**

Student borrowers are asked to let Kempsey Shire Council Library know what services they would like to see between May and June, as the library will be closed for a facelift including new carpeting and shelving. Surveys are available to complete if you would like to comment.

**Macleay River Festival, 20 September**

The Macleay River Festival invites schools to participate in festival projects. *The Many Faces of the Macleay* is a project to collect digital portraits of as many community members as possible, which will be projected as part of a digital installation at the Macleay River Festival and become part of an ongoing project to build a stronger, more connected community. The Festival will provide a photographer to go to schools to photograph staff and students.

*The Festival Poles Project* – schools are invited to paint/decorate 3 – 4 metre cardboard poles that will be provided by the Festival. These poles will be featured at the Festival as installations in Riverside Park on the day.

*The Lantern Project* – the opportunity for teachers, parents or community members to take part in a workshop with a project artist to learn how to build a lantern (all materials supplied). Participants in the Master class will then work with their community school to build lanterns that will become part of the lantern parade at the Festival.

Contact Olivia Parker on 6566 3226 or olivia.parker@kempsey.nsw.gov.au to register your interest in being involved in one or more of the projects.

**New Play Safe Website**

The Play Safe website is a new website for young people with questions about their sexual health. Nurse Nettie can be asked questions on those tricky subjects regarding safe sex, condoms, STIs, testing and treatment. Or more information visit [www.playsafe.health.nsw.gov.au](http://www.playsafe.health.nsw.gov.au)

**Free Family Law Advice**

Legal Aid NSW has appointed a local law practitioner in Kempsey for free family law advice every Wednesday at South Kempsey Family and Community Centre (9.30am to 12.30pm) at corner of Yarrawal and Queen Streets, South Kempsey and Kempsey Neighbourhood Centre (1.30pm to 4.30pm) on 5 Kemp Street, West Kempsey. To book an appointment call 6562 1888.
fun & recreation
Crescent Head Aquatic Centre 6566 0466
Kempsey Pool 6562 4742
Mynite Party Regfun & Recreation
Crescent Head Aquatic Centre 6566 0466
Kempsey Pool 6562 4742
Mynite Party Registration www.mynite.com.au
PCYC 6562 8399
Squash & Recreation Centre 6562 1225
Ten Pin Bowling 6562 8689
Macleay Youth Events www.kempsey.nsw.gov.au/ythserv
Youth Access Centre (YAC) 6566 3282

ACON (Mid North Coast) 1800 063 060
Clinic 33 Sexual Health 6562 6066
Gay, Lesbian & Transgender Counselling 1800 184 527
NSW Rape Crisis Centre 1800 424 017
YP Space 6563 1230
Legal Aid Youth Hotline 1800 101 810
Kempsey Family Support Services 6563 1588 /0428 631 588
EACH Reconnect (Port Macquarie) 6588 7300
EACH Reconnect @ PCYC 6562 3211
PCYC 6562 8399
YP Space 6563 1230

Community Housing Kempsey 6562 8366 /1800HOUSING
Community Housing LTD 6583 6717
Housing NSW 6563 7333 / 1300 468 746
South Kempsey Family Community Centre 6562 1911
Kempsey Women’s Refuge 6562 8411
Macleay Housing Support Service (HMHSS) 6562 8300
YP Space 6563 1230
RECONNECT (EACH) 6588 7300
Temporary Accommodation 1800 152 152
YConnect 1800 424 830

Aboriginal Mental Health Worker 6580 1063
AIDS/HIV Helpline 1800 451 600
Community Health Centre 6562 6066
Get Healthy 1300 806 258
Healthy Direct 1800 022 222
Kempsey Hospital 6562 6155
Mental Health Line 1800 011 511
Durrui Aboriginal Medical Services 6560 2300
Women’s Health 6560 2355
Drug and Alcohol Services 1300 662 263
Poisons Information Centre 13 11 26
Women’s Health Clinic 6562 6066
Your Health Link www.yourhealthlink.nsw.gov.au
www.livelifewell.nsw.gov.au

Aboriginal Employment Strategy (AES) 6566 3900
Aboriginal Connections Employment (ACES) 6563 6600
Advanced Personal Management (APM) 6562 8600
Booroongen Djgun Aboriginal Corporation 6560 2000
Centrecare Youth Transition Program 6563 1806
Centrelink 13 24 90
Dijigay Centre 6560 2900
Employment and Training Company (ETC) 6560 1600
Kempsey Shire Council Library 6566 3210
Mid Coast Connect 6562 5314
TAFE 6560 2900
TAFE Careers Connect 6560 2920
legal assistance

- Anti Discrimination Board 1800 670 812
- Kempsey Domestic Violence Assistance 6563 1479
- Juvenile Justice 6563 1388
- Kempsey Police Station 6561 6199
- Law Access 1300 888 529
- Many Rivers Aboriginal Legal Services 6562 5856
- Mid North Coast Community Legal Centre 6580 2111
- Neighbourhood Legal Advice 6562 8300
- Office of Fair Trading 13 32 20
- Police Youth Liaison Officer 0488 261 337
- U18's Legal Aid 1800 101 810
- Victims of Crime Support 1800 633 063
- Young Workers www.youngworkers.com.au

food and other assistance

- Australian Red Cross Service 6562 2460
- Neighbourhood Centre Financial Counselling 6562 8300
- Lifeline Shop 6563 1043
- St Vincent De Paul 6562 5933
- The Salvation Army 6562 5178
- Smiths Family 1300 326 459

- StandBy Response Service - Suicide Support 6620 1800/ 0417 119 298
- Beyond Blue 1300 224 636
- Grief Support 9489 6644
- Kempsey Family and Community Centres 6562 1911
- Kempsey Neighbourhood Centre 6562 8300
- Kids Help Line 1800 551 800
- Lifeline 13 11 14
- Mind Health Connect 6588 7300
- Mission Australia Help Line 1800 886 999
- NSW Rape Crisis Centre 1800 424 017
- Pregnancy Help 1800 422 213
- YP Space 6563 1230
- Young Parent Worker 6562 6060
- Family and Group Work - Young Parents 6563 1588
- Kempsey Women’s Refuge 6562 8411
- Personal Helpers and Mentors (PHAMs) 0448 893 579
- Reach Out www.inspire.org.au
- Young and Well www.yawcerc.org.au
- Smiling Mind www.smilingmind.com.au
- Kids Safe www.kidsafe.nsw.org.au
- Headspace www.headspace.org.au
- www.mend-a-friend.com
- SANE Helpline 1800 18 SANE

transport services

- Country Link Phone 13 22 32
- Busways 6562 4724
- Cavanaghs 6562 7800
- Taxi 6562 7555
- Kempsey 6562 7555
- South West Rocks 6566 6677

alcohol & other drugs

- Alcoholics Anonymous 6562 8300
- Alcohol and Drug Information Service 1800 422 599
- Alcohol Information Line 1800 010 125
- Benelong Haven 6567 4856
- Kempsey Community Health Centre 6562 6066
- Quit Line 13 18 48

youth advisory council

Facebook: Macleay Valley Youth - YAC
Kempsey Shire Council 6566 3200
Many young people in Australia are homeless. However, many people still see homelessness as an issue facing older men who end up sleeping rough. On Wednesday 9th April 2014, The National Youth Coalition for Housing (NYCH) is running its annual event, Youth Homelessness Matters Day. The day aims to raise awareness of the problem of youth homelessness, as well as breakdown the stereotypes around who becomes homeless, why, and what the experience of homelessness is like for a young person.

This year’s theme is ‘Like, Share Act’ which encourages people to take action. Examples include:

- **Like:** give YHMD a thumbs up on Facebook (https://www.facebook.com/yhmday), and learn about young people’s stories as well as receive campaign updates;
- **Share:** sharing information, tweets and links with friends and networks;
- **Act:** host an event to show your friends that you are committed to making a difference

For more information visit YHMD Facebook or visit YP Space in Kempsey.
Vivace Chamber Orchestra presents
A Night at the Movies

Opening: 7pm, Saturday April 5
Matinee: 1pm, April 6

Lights, camera, action...and music!

A multi-media red carpet extravaganza!

Bandbox Theatre
cnr Marsh & Sea Sts, West Kempsey

Opening night (black tie/movie character): $30
light supper included (prepaid tickets sold till 28 March only).
Matinee: $20 single, $50 family (2a,2ch) $10 child (u 12), infants free.

Tickets available from Wonderland Framing cnr Verge & John Sts

Showcasing talent from local schools & community groups.
Come dressed in glams or as favourite movie star.
Macleay Valley Youth Matters

For more information contact:
Vicki Martin,
Community Development Officer
Kempsey Shire Council
P: (02) 6566 3200
E: vicki.martin@kempsey.nsw.gov.au

We’re on Facebook. Visit: Macleay Valley Youth—YAC

Upcoming dates of interest:

- Silver Strings, Vivace, 5 April.
- National Youth Week, 4 – 13 April.
- Vocalise, 5 April, Riverside Park, 9am—6.30pm.
- Youth Homeless Day, 9 April.

Grant information

- The Ian Potter Foundation is a private Australian philanthropic foundation which makes grants for charitable purposes in Australia. Visit: www.ianpotter.org.au

Next Youth Advisory and Planning Council Meetings:

- 7 April 2014, Gloria Jeans Café (social gathering).
- 5 May 2014, Youth Access Centre.
- 2 June 2014, Robbie’s Cafe.

Youth Services Directory

Check it out — An information sheet listing services and information of relevance for young people is attached.

Next Macleay Valley Youth Matters E-Newsletter deadline — 30 April 2014.