Macleay Valley Youth Matters - August

Welcome to the Kempsey Shire Macleay Youth Matters information update. Please find below information on the Youth Planning and Advisory Group and other information of interest.

Upcoming events, camps and dates of interest

Please note the following new events and items in your diaries:

- Mental Health Information Session, 27 August.
- Australia Poetry Slam, 31 August.
- The Love Food Hate Waste, 3 September.
- WastEd Video Game Workshop, 3 – 6 September.
- National Child Protection Week 2 – 8 September.
- Red Aware Safe Sex Lyrics competition closes, 8 September.
- Ansvar Community Education Program Grants, close 6 September.
- Sculpture in the Gaol, until 7 September.
- Light the Way, Riverside Park, 7 September.
- Australian Storyteller Nicole Alexander, Kempsey Library, 10 September.
- Fibre Arts Network Workshops, 15 September.
- ABC Heywire Competition, closes 16 September.
- Rage Anger Management Course, 18 September.
- Public Education Foundation Scholarships, close 20 September.
- Coastline Community Foundation Grants, close 20 September.
- Learn to Mosaic Holiday Fun, 24 September.
- Bellbrook Community Day, 25 September.
- Foundation for Rural and Regional Renewal Small Grants, closes 27 September.
- Head to Head Walk Run, 29 September.
- Country Arts Support Program Grants, close 1 October
- Community Connect Day, Kempsey Race Course, 18 October.
- ETC Community Support Fund Grant, close 28 October.
- National Young Leaders Day, 29 November.
- National Youth Week, 4 – 13 April 2014.

Mental Health Information Session, 27 August

Community Workers, Mental Health Workers and Community Service Providers are invited to an Information Session on the new service PHaMs Employment in Kempsey which provides assistance to people who live with mental illness or who are simply not coping with life aged between 16 and 64 years.
The service is designed to complement already existing services and provide further opportunities for recovery and dual servicing as participants move toward employment or education. The Specialist Employment Worker will assist people who might have a goal to move into a job but are simply facing too many barriers at this time.

Interested people should enquire and attend Tuesday 27 August at 2pm at the Kempsey Aboriginal Land Council Building, Suite 8 /1 John St Kempsey NSW. Morning tea is provided.

**Australia Poetry Slam, 31 August**

Kempsey Library and South West Rocks Arts Council invites the public to the local heats of the 2013 Australia Poetry Slam, being held at the South West Rocks Surf Club on Saturday 31 August. Registration will start at 6pm.

To find out more about the Slam visit [www.australianpoetryslam.com](http://www.australianpoetryslam.com)

**The Love Food Hate Waste, 3 September**

Kids can discover how to reduce waste and save money through better planning and shopping, food storage and cooking with leftovers in a fun and practical workshop.

The Love Food Hate Waste Macleay workshop will run at the Kempsey Shire Library, Elbow Street on Tuesday 3 September from 12 noon to 2.30pm.

The workshop is free to attend and is brought to you by North Coast TAFE, Kempsey Shire Council and Midwaste, funded by the NSW Environmental Protection Agency through their Love Food Hate Waste program.

To enquire or to register contact Ali Bigg on 1800330246 or [coordinator@midwaste.org.au](mailto:coordinator@midwaste.org.au)

**WastEd Video Game Workshop, 3- 6 September**

Kempsey Shire Council in partnership with dLux Media will be hosting workshops to learn how to make a video game to educate our community about how to get the right waste to the right place!

Afternoon workshops will be held during the Macleay River Festival, from Tuesday 3 to Friday 6 September. *See the flyer for more information.*

We are looking for five students, Year 10 and up from each high school to work with one of Australia’s premiere digital media artists and learn new skills and software in gaming technology for a good cause.

To find out more information contact [gavin.hughes@kempsey.nsw.gov.au](mailto:gavin.hughes@kempsey.nsw.gov.au) or phone 6566 3200.
Sculpture in the Gaol, until 7 September

The heritage listed Trial Bay Gaol at Arakoon, South West Rocks, has been transformed into a stunning artistic landscape, with an abundance of sculptures to be displayed in the historic precinct until 7 September.

For more information visit www.sculptureinthe gaol.com.au

National Child Protection Week 2 – 8 September

National Child Protection Week is a national campaign held annually throughout Australia to raise awareness of child abuse prevention.

The objectives of the week are to raise the profile of all issues connected with child protection, including child abuse prevention, treatment, research, education, service provision and support for children, young people and families.

For posters and resources visit www.napcan.org.au

Light the Way at Riverside Park, 7 September

Lantern parades and art making, music and sports will all be the go Saturday 7 September from 4pm to 7pm at Riverside Park.

The event is part of the Macleay River Festival this September, which is designed to celebrate the diversity of arts and cultural activities across our region, which supports Arts Mid North Coast, the Creative Coast destination marketing campaign and Child Protection Week.

Come along, bring a picnic rug and a camera, partake in the activities and enjoy the entertainment with local music band Sages Muses.

ABC Open Producer Wiriya Sati will be coordinating an Action photo scavenger hunt capturing the colour and movement of the festival, with a selection of images taken during the day projected up that night. Find Sati at the ABC Open tent any time after 3pm.

For more information, to book a food or art stall, or to participate in the parade contact Vicki Martin or Olivia Parker on 6566 3200.

Council is currently seeking expressions of interest from people who may wish to volunteer as guides and marshals for this event.

Australian storyteller Nicole Alexander, Kempsey Library, 10 September
Australian storyteller Nicole Alexander will visit Kempsey Library on Tuesday 10 September, at 2pm as a part of a tour to promote her latest novel *Sunset Ridge*, which has recently been released through Random House Australia.


**Sing a Song About Safe Sex**

Creative young people interested in lyrics have the opportunity to win an iPad. All they have to do is take one of their favourite songs, and cover it with lyrics relating to safe sex.


**Harvest Day, 11 September**

Young people can learn how to create a sustainable edible garden at home through waste and composting workshops. The Harvest Day will be held on 11 September from 10am to 1pm at Kempsey TAFE Community Garden, Sea Street Kempsey.

There will be cooking demonstrations using harvested produce by local TAFE ESL students as well as creative community art activities.

For enquires email [wendy.grant@tafensw.edu.au](mailto:wendy.grant@tafensw.edu.au)

**Fibre Arts Network Workshops, 15 September**

Interested young designers may be interested in two fibre arts workshops being offered at the Gladstone Hall on Sunday 15th September as a part of the upcoming Macleay River Festival.

- *Crazy Knit & Crochet* will teach the technique of ‘scrumbling’ which creates a very textural fabric used to construct garments, bags and rugs.
- *Flowers in Spring* is a embroidery workshop stitching flowers from fabric and thread, and is a popular way to make mobile/IPod covers and cushions.

Each workshop will cost $40 per person with commence at 10am – refreshments will be provided.

In conjunction with the workshops, the Fibre Artists Network will be exhibiting their latest works at the Macleay Valley Community Art Gallery, 5 Kinchela Street Gladstone where the works will be for sale.
For bookings or more information contact Paula Tamblyn on 6562 7482 or email olivia.parker@kempsey.nsw.gov.au

**Rage Anger Management Course, 18 September**

RAGE is an anger management course for young people aged between 11 and 17 at Sails Resort Port Macquarie. To register, please contact Ken Nathan on 0408 770 869 or email: kennethj67@hotmail.com

**Public Education Foundation Scholarships, close 20 September**

A range of scholarships are available to students attending public schools.


**Mosaic Holiday Fun, 24 September**

Learn some basics in mosaics and have some fun these school holidays on Tuesday 24 September.

Two workshops will be held; one in the morning for primary aged student and a group teenage mosaic class in the afternoon at the Youth Access Centre.

For health and safety considerations all materials will be pre-cut and adhesive is non-toxic.

For further information contact Vicki Martin on 6566 3200 or email chessca@gmail.com

*See the attached flyer for more information.*

**Head to Head Walk Run, 29 September**

The Head to Head Walk Run is the major fundraising event for the Crescent Head Lions Club, raising funds for the Westpac Rescue Helicopter Service.

Register for this event at [www.headtoheadwalkrun.org.au](http://www.headtoheadwalkrun.org.au)

**Macleay Community Connect Day, 18 October**
Haircuts, clothing, toiletries and access to services for people in need will be held at Kempsey Race Course. Information on immunizations, podiatrists, Centrelink, State Debt, TAFE, Community Services, Employment Services and baby health will be available.

For further information contact Jenny Gibson on 6586 6651 or Kempsey Macleay Community Services.

**National Young Leaders Day, 29 November**

The Halogen Foundation National Young Leaders Day is an annual event for young people who aspire to lead themselves and others at Sydney Convention Centre from 8.30am to 2.30pm. Some activities include a 10,000 ideas film project, expo and speaker presentations.

Early bird tickets are $55, teachers $20 or $1400 for 50 students. For more information visit [www.halogenfoundation.org](http://www.halogenfoundation.org) or contact Vicki Martin, Community Engagement Officer on 6566 3200 if travel assistance is required by October.

**Macleay Valley Youth Planning and Advisory Group**

A reminder that our next meeting will occur on Monday 2 September from 4pm to 5pm at the Youth Access Centre, 132 River Street Kempsey. Items to be discussed include the Macleay River Festival, the Paint the Macleay Mural Team, youth projects, logo development and Youth Week 2014.

Expressions of interest are sought from other young people or service organisations who wish to join the group or participate in activities. Volunteer members will be inducted as Kempsey Shire Volunteers.

For further information or to become a volunteer contact Vicki Martin, Kempsey Shire Council on 6566 3200 or email vicki.martin@kempsey.nsw.gov.au

**Youth Week, 4 – 13 April**

National Youth Week is the largest celebration of young people in Australia. Thousands of young people aged between 12-25 from across Australia get involved each year. The theme for 2014 is ‘Our Voice. Our Impact’.

Expressions of interest are sought from the community on ideas, suggestions and priorities for this week of activities, and from those who would like to join a Youth Week Project Team. Council would also like obtain your feedback for preference on what our focus should be in consultation with our youth.

Please email back your ranking preference (numbering 1-10) for the following event and workshop areas to Vicki.Martin@kempsey.nsw.gov.au:

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<th>Music</th>
<th>Visual &amp; Performing Arts; Design</th>
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Youth Paint the Macleay Mural Team

The youth mural team has recently relocated to South Kempsey Family and Community Centre on Yarravel and Queen Streets from 4pm to 5pm. To become involved call 6566 3200.

Youth Link Australia

Youth Link Australia is a national organisation that links youth with services in their local area, promoting extra-curricular and leadership activities. To register service details or for more information visit www.youthlinkaustralia.org

Speak Up Survey

Researchers from the Centre for Social Research in Health, University of NSW are asking young people to talk about sex, relationships, drugs, alcohol and partying in an online survey. To participate visit: www.project1626.net

Grants

- The NRMA Safer Driving School Safety Grant will close on 30 September. General Community Grants are available up to $5000 for community based roadside initiatives. For more information visit www.mynrma.com.au/grants

- Ansvar Community Education Program Grants are closing on 6 September which supports sustainable programs for Australians under the age of 25, promoting ongoing education and skills making a significant difference to the lives of participants. Ansvar provides grants up to $50,000. Visit: www.ansvar.com.au/cep/

- Applications are now open for the 2014 Country Arts Support Program (CASP), supporting local arts events and projects taking place in the Mid North Coast in 2014 until 1 October. Small grants up to $3,000 are available for workshops, artist-in-residence programs, public art and design projects, performances and other local arts initiatives. For more information visit: www.regionalartsnsw.com.au/grants/casp

- ETC Community Support Fund is now accepting grant applications up to 28 October. Funding is up to $15,000. Visit: www.enterpriseandtrainingcompany.com.au/csf/how-to-apply-for-funding
• Foundation for Rural and Regional Renewal Small Grants closes on 27 September. Funding is up to $10,000 for projects that have a community benefit in the areas of social and community welfare, economic, environmental, health, education or cultural areas. This grant is specific for populations of 10,000 or less. Go to: www.frrr.org.au/cb_pages/small_grants_for_small_communities.php

Please circulate information to staff and networks, and include in communications, school newsletters and class notices. If there is anyone else interested in receiving this Macleay Valley Youth Matters email notification, or if you wish to be taken off the list, or include information kindly let me know.

Yours Sincerely,

Vicki Martin

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